



# SALSA & SABOR WELCOME

We are thrilled to welcome you to our Vive La Salsa Caleña Cali experience! Get ready for an unforgettable journey filled with rhythm, culture, and exploration.

During our time together, we'll immerse ourselves in Cali's vibrant salsa scene, indulge in mouthwatering Colombian cuisine, explore the breathtaking natural beauty of the region, and dance the night away in the lively streets and clubs of Cali.

But beyond the itinerary, we're excited about the connections and friendships we'll forge along the way. There's something truly special about sharing this adventure with like-minded individuals who share our passion for salsa, travel, and Latin culture.

So dust off your dancing shoes, pack your sense of adventure, and get ready to make some incredible memories. We can't wait to meet you in Cali and share this experience together!

See you soon!

Warm regards, Salsa & Sabor



#### SALSA & SABOR

# ABOUT CALI

Cali, Colombia, is renowned worldwide as the "Salsa Capital of the World," and for a good reason. This dynamic city has a deep-rooted connection to salsa dancing, with a history dating back several decades. Salsa is not just a dance in Cali; it's a way of life. The city's salsa scene is vibrant and diverse, offering everything from traditional salsa clubs to outdoor dance parties and salsa festivals throughout the year.

Cali's love affair with salsa can be traced back to the 1960s when the genre began to gain popularity in Colombia. Today, salsa permeates every aspect of life in Cali, from its music and dance to its cultural identity. Locals take immense pride in their salsa heritage and are passionate about sharing it with visitors.

One of the best ways to experience Cali's salsa culture is by immersing yourself in its nightlife. The city is dotted with iconic salsa clubs where dancers of all levels come together to groove to the rhythm of live bands or DJs spinning salsa tunes. Additionally, Cali's streets come alive at night with impromptu salsa parties, known as "rumbas," where locals and tourists alike dance under the stars until the early hours of the morning.

Cali is also home to several salsa schools and academies, where visitors can take classes ranging from beginner to advanced levels. These classes offer a unique opportunity to learn from skilled instructors and immerse yourself in the techniques and intricacies of salsa dancing.

Overall, Cali's connection to salsa dancing is deeply ingrained in its culture and identity. Whether you're a seasoned dancer or a curious traveler looking to learn, Cali offers an unparalleled salsa experience that will leave you captivated and inspired.

#### **SALSA & SABOR**

# ITINERARY

DAY
MONDAY
MAY 6

3:00 PM: Check-in and settle into your hotel room @ Hotel Alko Integrado

8:00 PM: Meet in the hotel lobby for pickup\*

8:30 PM: Welcome dinner (included)

DAY TUESDAY

MAY 7

5:45 AM: Meet in the hotel lobby for pickup\*

Morning: Nature Hike with swimming in river/lake. Lunch Included! (8H)

3:00 PM: Return to hotel for free evening!

DAY WEDNESDAY MAY 8

8:45 AM: Meet in the hotel lobby for pickup

9:00 AM: Tour Cali's historic district, including San Antonio Park and La Tertulia Museum. Immerse yourself in Cali's daily life by visiting a bustling local market and a gastronomic experience with **Lunch included.** (5H)

2PM: Free afternoon

6:30 PM: Salsa tour. Visit Museo de la Salsa, Monumento Piper Pimienta and La Matraca. Also, enjoy an Empanada Tasting! (4H)

EVENING: Social Dancing at La Topa Tolondra Salsa Bar (entrance fee included)

DAY THURSDAY MAY 9

3:15 PM: Meet in the hotel lobby for pickup

4:00 PM: **Salsa Workshop** @ Salsa Pura San Antonio. Private classes (1H)

6:30 PM: Group class (1 H)

7:30 PM: Bachata(optional for S15k COP) (1 H)

8:30 PM: Social dancing (1.5 H)

#### SALSA & SABOR

# ITINERARY

DAY FRIDAY
MAY 10

4:30 PM: Meet in the hotel lobby for pickup

5:30 PM: **Salsa Workshop** @Vibrando Con Stilo

y Sabor. Private Class (1 H)

7:00 PM: Group class (1 H)

8:00 PM: Social dancing (1.5 H)

Evening: Social dancing @La Calle del Sabor

(street party)

8:15 AM: Meet in the hotel lobby for pickup

9:00 AM: Salsa Workshop @Sabor Manicero.

Private class. (1 H)

10:00 AM: Group class (1.5 H)

12:00 PM: Free afternoon

5:15: Meet in the hotel lobby for pickup

6:00 PM: Mulato Cabaret. Show and social dancing. Dinner is available for order (not

included). <a href="https://elmulatocabaret.com/">https://elmulatocabaret.com/</a>

DAY SUNDAY MAY 12

DAY SATURDAY MAY 11

1:30 PM: Meet in the hotel lobby for pickup

3:00 PM: Delirio - Cultural experiences and

activities. <a href="https://delirio.com.co/">https://delirio.com.co/</a> (3H)

Evening: Free evening

DAY MONDAY MAY 13

11:00 AM: Hotel check-out.

# SALSA & SABOR ACCOMMODATIONS: Hotel Alko Integrado

"Designed with an avant-garde style, Alko
Integrado Hotel allows the entry of natural
light and fresh air thanks to its eco-friendly
architecture. The design of this hotel
includes sustainable strategies that
incorporate a rainwater harvesting system
and solar panels that provide much of the
energy required by the building. In addition,
a large area of the structure is covered with
green areas."

## **Services & Amenities**

-Alko Hotel -

Living room
Cafeteria
Garden
Meeting rooms
Laundry
Elevator
Photocopier
24h reception
Room service
Scanner
Wifi

Address: Cra 101 # 15 – 27, Barrio Ciudad Jardín.

Email: reservasintegrado@alkohoteles.com

**Telephone:** +57 310 707 0621







## **ADDITIONAL COSTS**

Dinners and lunch (unless specified for group events). You will need money for approximately 9-11 meals (lunches and dinner). Consider spending anywhere from 20.000 - 50.000 cop for a casual meal.

Access and cover to Salsa Clubs (unless specified) for free evenings you can go out to clubs and social dancing. Some clubs may have a 20.000 - 30.000 cop entrance fee.

**Taxis and Ubers:** Have your credit card set up on your uber app for rides.

NOTICE TO CANADIANS: Canadians must pay entry tax into Colombia. As of November 14, 2023, Canadians must pay an entry fee equivalent to \$85 CAD in Colombian Pesos upon arrival in Colombia. You can only pay by credit card. The payment must be made upon entering the country during the immigration control process.

**Travel Insurance:** You can check your credit card for personal travel insurance or buy a plan from a provider.

# PACKING LIST

#### **Dance Attire:**

- Comfortable clothing for dance lessons (lightweight tops, leggings, or pants)
- Dance shoes (salsa dance shoes or comfortable sneakers with smooth soles)
- Extra socks for hygiene during dance lessons

## Swimwear and Beach Gear:

- Swimsuit (for swimming or relaxing by the pool)
- Sunscreen, sunglasses, and a hat for sun protection
- We suggest a Beach towel, a quick dry travel towel ( click <u>link</u> to see example) is easy to pack.

## **Hiking Essentials:**

- Comfortable hiking shoes or sneakers
- Lightweight, breathable clothing suitable for hiking
- Hydration pack or water bottle
- Sunscreen, insect repellent, and a hat for sun protection

### Personal Items:

- Passport and travel documents
- Toiletries and personal hygiene items
- Medications and any necessary prescriptions
- Reusable water bottle for staying hydrated
- Portable phone charger or power bank
- Small personal backpack for hiking and dance classes



**Stay Alert**: Be aware of your surroundings at all times, especially in crowded areas or tourist spots where pickpockets may operate.

**Use Secure Transportation**: Stick to licensed taxis or reputable ride-sharing services like Uber, and avoid travelling alone at night.

**Keep Valuables Secure**: Carry only essential items and keep valuables such as wallets, and phones in secure, zippered pockets or cross-body bags, you can also use a hidden travel pouch for extra security (click **link** to see example).

**Protect Your Passport:** You should only carry your passport with you when you need it – otherwise, it should stay locked up in a hidden and secure location. If you're going to take your passport with you, always keep it in a location that is hard to get to.

**Avoid Displaying Wealth**: Avoid wearing expensive or flashy jewellery, flashing large sums of money, or wearable tech as this may attract unwanted attention. Be aware when taking out your smartphones in the street and public spaces.

**Be Cautious with ATMs:** Use ATMs inside banks or secure locations, and shield your PIN while entering it.

**Trust Your Instincts**: If something feels unsafe or uncomfortable, trust your instincts and remove yourself.

**Stay Connected:** Keep friends or family informed of your whereabouts and check in regularly, especially if travelling solo.

**Have Backup**: <u>If possible</u>, bring a spare phone (an old one), in case of emergency(make sure it's unlocked for international sims).

**Distribute Your Cash:** If you're travelling with large amounts of cash, it's wise to avoid keeping it all on you while out. Consider storing some in a safe location and carry only what you need for the day. It's also a good idea (<u>a suggestion</u>) to split your money between two separate spots when you're out, such as in a crossbody bag and a concealed travel pouch.

# TRAVEL TIPS (YOU MAY NOT HAVE THOUGHT OF)

**Uber and ride-sharing:** If ordering a ride-share, ensure someone in your party sits in the front passenger seat, this also applies if you are travelling alone.

Food Delivery: For food deliveries (maybe a midnight snack), you can download the apps Rappi and Didi. They take international credit cards and are easy to set

Cash: We suggest carrying some cash with you, it's best to exchange money before you fly or at the airports. If you want to pull out cash at the hotel, the nearby shopping centre (Centro Comercial Jardín Plaza) should have some ATMs and banks available.

Card: If you plan on using your card, make sure your bank knows you will be out of the country. Unlocking a credit card is difficult when you are not at home.

> Phone Service: It's easy to get a sim card for your phone with enough data you would need for the week. If you require one, you can use your free time to go to the nearby shopping centre (Centro Comercial Jardín Plaza) to pick one up. Make sure your phone is unlocked for international sims before you leave if you are planning on getting a sim card.

Whatsapp: Most businesses in Colombia communicate over WhatsApp. Many have their services are also available for booking over the app.

> I.D.: Places like hotels might ask for your passport number as a form of I.D. if you are an international traveller This is common and generally secure in established businesses (use your discretion).









# THINGS TO DO DURING YOUR FREE TIME



Cristo Rey or Las Tres Cruces - They require a hike, but they are popular activities

Centro Comercial Jardín Plaza - Shopping Mall close to your hotel location

Barrio Granada - Offers a lot of restaurants and boutique shopping.

San Antonio - There are many restaurants, cafes and shops to visit.

**La Linterna** (San Antonio) - A poster factory offering colourful posters with unique designs. They only accept cash. Most posters are under 100.000 cop, but some designs can be up to 150.000 cop.

